

ASLC NEWS

United in Christ. Welcoming All.

ASLC Work Day

It's time to do a little spring cleaning both inside and outside of the church. Sat, May 19 is a work day @ ASLC from 9am-12pm. Please bring yard work tools with you. We have what we need to clean the inside. There are jobs for every skill level. Refreshments will be provided.

Treasurer's Report

	Mar 2018
Income	\$7,901.89
Expenses	<u>-9,954.60</u>
Net Income	-\$2,052.71

YTD 2018 Net Income =
-\$5,773.57

Sincerely, Bob Lierman

March giving was not as strong as we expected to be. Weather was definitely a factor. However, April is looking good so far and, hopefully, we will make up some of the deficit this month. If you can give a little extra in the coming month it would be very helpful.



Pastor's Column

"Do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body." [1 Cor 6:19-20]

This past month I had the fun opportunity to teach a class at the Create in Me retreat on essential oil safety and use. It had 25-30 exuberant students who had lots of questions. We covered the basics plus I did a demo on both soap and candle-making. The theme of the retreat was Holy Hospitality so we talked about how to use these products both in our home and as gifts for others. I also shared some of my favorite recipes with them for things such as chemical free household cleaner and toilet fizzes!

The reason why I share this with you is that I've learned over the years how important it is to take care of our bodies, as well as our minds and spirits. I was not always a good steward of this "temple" God has given me. I had to learn a few hard lessons and, [con't on p.2]

[con't from p. 1] thanks be to God, I'm much better at temple maintenance than I used to be.

Seminaries are really good at teaching pastors things such as history, exegesis, preaching and the like, but we rarely, if ever, talked about stewardship of the body, and how this has an effect on our emotional and spiritual health.

Stewardship of the body? This may sound like an odd term but it's an important topic for all of us to ponder. In church we mostly speak of stewardship in terms of financial offerings as well as the giving of our time and talent. Yet, if we are poor stewards of our bodies, if we let stress get the best of us and push ourselves to the point of exhaustion, we have nothing left to give others.

According to Jesus, the greatest commandments are love of God, our neighbors, and ourselves. However, experience has shown that we we're pretty good at the first two, but not so good at the last one!

With warmer months ahead of us [I think we're FINALLY over winter] it's a good time to be intentional about taking good care of our bodies. Fresh fruit and vegetables are in abundance. The beauty of our mountains calls us to take a hike in the woods. Our rivers and lakes invite us to "sit a spell," with or without a glass of iced tea!

For me, taking care of my body also involves working in my garden which is not only physical exercise, but it improves my emotional and spiritual health as well. There is something about working in the dirt that is healing and energizing for me. Perhaps you feel the same way, too.

So, what are we waiting for? We all know our bodies need a little temple maintenance, so let's be intentional about taking good care of ourselves.

Blessings,
Pastor Dave

Primary Election @ ASLC

Abiding Savior is a voting location so be aware that the Fellowship Hall will not be available on Monday, May 7th, and Tuesday, May 8th. They will be setting up equipment on Monday and the election is Tuesday.

Congratulations!

Sean Blayney and Rachel Smith will be married on Saturday, May 12th in Johnson City. Sean is Pastor Dave's nephew and Pastor Dave will be officiating. Congratulations to the happy couple. In the fall they will be moving to the University of Maryland where Rachel will be attending graduate school.

Summer Schedule

Our summer schedule begins Memorial Day weekend, May 27th, with worship at 10:00am. There is no Adult Sunday School nor Children's Sunday School during worship. We will resume our regular schedule the week after Labor Day.

Pritchard Park Breakfast

Yep! It's time for us to do the Pritchard Park Breakfast again. The date is Sun, May 20th. We will meet at the park at 9:00am. The breakfast set up will be Sat, May 19th, 10:00am. There is a sign up sheet in the gathering space for donations of food and/or for volunteers to serve the homeless breakfast on May 20th. Thank you for your continued support of this important ministry.

Birthdays

Toni Corkran 4
 Chip Prazich 31

Anniversaries

None this month

If your birthday or anniversary is missing from this list, please give it to Pastor Dave.

Church Council

We are trying something different with Mission Teams and Church Council during the months of May and June to see if we like it. On Sunday, May 20th, we will share lunch together. Then Mission Teams will meet separately for the first half an hour and then we will join together as the Church Council. We hope this will encourage others to get involved in the leadership of our church as we begin the process of electing new officers to serve our congregation.

Several members of ASLC took a hike together at Bearwallow Mountain in Gerton. We will plan another hike for early fall so hope you can join us!



		6		13		20		27
Greeter	Sue Hebb			Kay Doverspike		Sue Hebb		
Reader	John Corkran	Brian Propst	Jen Ownbey	Harold Sweitzer				
Worship Asst	John Corkran	Brian Propst	Jen Ownbey	Harold Sweitzer				
Usher	Robert Greene	Cal Propst						
Usher	Elizabeth Greene	Keaton Propst						
Tabulate	Tom & Pam Radle	John & Toni Corkran	Dawn Lierman	Butera/Wright				
Altar Care	Sue Hebb	Toni Corkran	Linda Butera	Lynn Barrett				
Nursery		Emily Propst	Kay Doverspike					
Church Clean	Kay D/Lynnie B							
Coffee Host	Julie B/Cassie M	Propst Family						